



Katerina Rensch

renuschkaterina@gmail.com (586)318-1219

Education

Central Michigan University

May 2023 – May 2026

Mt. Pleasant, MI – *Doctorate of Physical Therapy*

- Group leader of the Fit Feet Walking Club
- Member of the Physical Therapy Student Organization

Grand Valley State University

August 2018 – April 2022

Allendale, MI – *Bachelor of Science in Clinical Exercise Science*

Clinical Experience

Henry Ford Health

Clinical V January 2026 – April 2026

Clinton Township, MI

- Participated in the onsite Spine Clinic to coordinate comprehensive, patient-centered care with the treating physician
- Evaluated and treated outpatient orthopedics, mainly working with the adult and geriatric population, to improve mobility and functional independence
- Utilized OMPT treatment methods on patients with orthopedic conditions of the spine and extremities
- Strengthened hands-on treatment of unique conditions, such as pelvic floor

Lake Huron Medical Center

Clinical IV November – December 2025

Marysville, MI

- Focused treatment on the outpatient orthopedic population, with experience in inpatient acute and inpatient rehabilitation
- Created a tactile activity board to incorporate a dual task challenge with activities for patients in outpatient and inpatient rehabilitation
- Incorporated PWR! and LSVT-BIG concepts while working with patients with neurological and balance disorders

Corewell Center for Exceptional Families

Clinical IV September – November 2025

Dearborn, MI

- Collaborated with doctoral colleges at the multidisciplinary clinic to procure adaptive equipment for children living with disabilities
- Responsible for treating and documenting on average 8-9 patients daily while coordinating with parents, therapists, and physicians to adapt plan of care and maintain treatment continuity
- Treated infants to young adults living with intellectual disabilities, neurological conditions, and rare genetic disorders such as Cerebral Palsy, Prader-Willi Syndrome, Angelman's Syndrome, Kabuki Syndrome, and Albinism

Hands for Health Pro-Bono Clinic

January 2025 – August 2025

Mt. Pleasant, MI

- Conducted a comprehensive assessment of a 5-year-old child with Cerebral Palsy
- Emphasized patient-centered and task-specific interventions to improve core stability, gait mechanics, and functional play positions
- Collaborated with the child and family to engage in functional play activities together to promote bonding

Detroit Medical Center – Rehabilitation Institute of Michigan

Clinical I May – June 2024

Detroit, MI

- Provided inpatient rehabilitation services to patients with complex neurological conditions, such as cardiovascular accidents, traumatic brain injuries, and spinal cord injuries
- Assisted in prosthetic and orthotic training for patients with amputations or mobility impairments.
- Utilized task-specific training, dual-task training, and neuromuscular re-education techniques to enhance cognitive-motor interactions, movement control, and coordination
- Ensured patient-centered care through interprofessional communication with physical therapists, occupational therapists, physicians, and nursing staff for safe discharge planning and continuity of care

Accomplishments, Certifications and Skills

- American Physical Therapy Association Pediatric Special Interest Group Student Liaison
- Lee Silverman Voice Treatment – Big (LSVT-Big) Certified
- Physical Therapy Student Organization member
- Member of the American Physical Therapy Association
- American Heart Association BLS, CPR, and AED Certified



Katerina Renusch

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References

Jamie Haines PT, DScPT, NCS

Assistant Professor
Doctoral Program in Physical Therapy
Central Michigan University
Email: haine1jj@cmich.edu
989-774-2347

Linda Hall PT, MS, DPT

Physical Therapist
Detroit Medical Center Detroit Receiving Hospital
Email: hall2lm@cmich.edu
(248)217-7124

Nicholas DiPetro PT, DPT

Physical Therapist
Detroit Medical Center Rehabilitation Institute of Michigan
Detroit, MI
Email: ndepietr@dmc.org
(330)479-6039

Jill Ogger PT, MSPT

Physical Therapist
Email: ogger.jill@gmail.com
(586)255-5009

Michelle Jahn

Physical Therapist
Lake Huron Medical Center
Port Huron, MI
Email: weasel4mk@hotmail.com
(313)720-2346

Crystal Harsh

Executive Secretary – Biology Department
Central Michigan University
Email: harsh1ca@cmich.edu
(989)400-1062